

Beautiful Bio Worksheet

20 minutes - that's all it'll take ...

To write a beautiful bio that sums you up perfectly. This fillable worksheet will help you brainstorm ideas so you can distill your awesome into a few fabulous phrases that'll capture hearts and stick in heads.

If you have an online business, a bio is the cherry on your brand cake. It's your calling card, your elevator pitch, it's the most powerful marketing tool you have.

Whether this is your first attempt at writing a bio or you're looking to update an existing one, this plug-and-play worksheet will make it easy and save you oodles of time.

Use the prompts below to brainstorm ideas then, tweak and tune your words until it feels right. Be playful with it, give your reader a sense of who you really are and enjoy the process!

Check out the examples in each section for extra inspiration.

Ok, let's get started!



WHO you are

	:::::::::::::::::::::::::::::::::	
I work with		at to help them
Here's an exam	ple:	
	• •	ve consultant at Amie Turner Ink. I wo
· · ·		to help shape and share their message thing and live life on their own terms.
	_	Pro a costa a la c
_	ו	, I'm passionate abo
		_•
So vou might co	y comothing like this:	
o you might say	y something like this:	
-		tion, I'm passionate about helping It fluff or fancy fakery - because you
	work speaks for itself, I'll ma	
I'm a qualified		and I hold a
-	to	_ and I hold a back it all up.
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WHAT your expertise is

is no stranger to		, having spent
years as a	and a	, where
she		·

Here's an example:

Amie is no stranger to whipping web words into shape, having spent 12 years as a corporate communications specialist where she made sure executives and employees across the organisation were all singing (sweet melodies) from the same hymn sheet.

WHY the reader should care about your expertise

_____ helps ______ to ______

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Amie helps smart, passionate women in business stand out in the online world so they can share their message, create more impact and make more money.

_____ offers a range of programs and services, from _____, to _____ and _____.

Amie offers a range of copywriting services, from blog post editing to sales page creation and anything that shines mega watts on your business and makes people take notice.



Passionate about	and its possibilities,
provides	_ services that help,
and to	·
	d its possibilities, Amie helps you shape your vour talents so you can create more impact
Her was la	aunched in and has since
helped of women	to
Her business first launched in 2012 and has s	ince helped dozens of women to
step up in their business and shine online with	
HOW to contact you	
To contact or to set up a c	consultation please email
or go to	·
To get in touch or to book a time for a chat, ple	aca amail or vicit my wahcita
To get in touch of to book a time for a chat, ple	
	ati.
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And here's one more beautiful BONUS example.

If you need a long fancy pants bio for your speaking page or your profesh profile, this one has you covered.

Open with a line related to your field, but not to you directly, for example:

When women start achieving a certain level of success in their business, all the 'other' business related tasks that need to get done every day can quickly become overwhelming.

Then add what you do, for example:

My great passion is to bring clarity, a sense of calm and whole lot of confidence to women who want real growth in their business, but know they can't do it all on their own.

Then include who you work with, for example:

I help coaches, consultants and creatives in all fields share their message with the world in a way that's sincere yet seriously strategic so they can create more impact and make a lot more money.

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The Beautiful Bio Worksheet

Then add your credentials, for example:

I know that everyone is unique so a cookie cutter template just won't cut it. I work with women across the globe and every single one of them is an individual with their own unique 'voice'. To fully understand my client's vision, and to get a real sense of who they are, I share a questionnaire that breaks it all down and helps me capture their voice, define their brand's personality and create a magic connection for their clients.

Then include your qualifications, for example:

My background includes 15+ years in publicity, marketing and communications for nonprofits, big brands and small businesses. Since launching my own copywriting consultancy in 2012 I've contributed to a range of online and print magazines including Roooar, Toward Magazine and Fleurieu Living, worked with countless incredible female entrepreneurs and supported dozens of wildly successful rebrands, collaborations and launches.

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A final word about your bio

Use these prompts as a starting point only. Add anything else you think is interesting or important! Trust your own judgment and let your personal or professional bio reflect all that is unique about you.

You are remarkable, make yourself memorable.

amie xo

Need copy that's fresh, strategic and sounds like you?

I can help.

Hi! I'm Amie. I'm a creative copywriter based in Adelaide, Australia.

I write exceptional copy for websites, sales pages, newsletters, emails, digital products and social media. I'll bring clarity to your offering and help you communicate your true value.



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